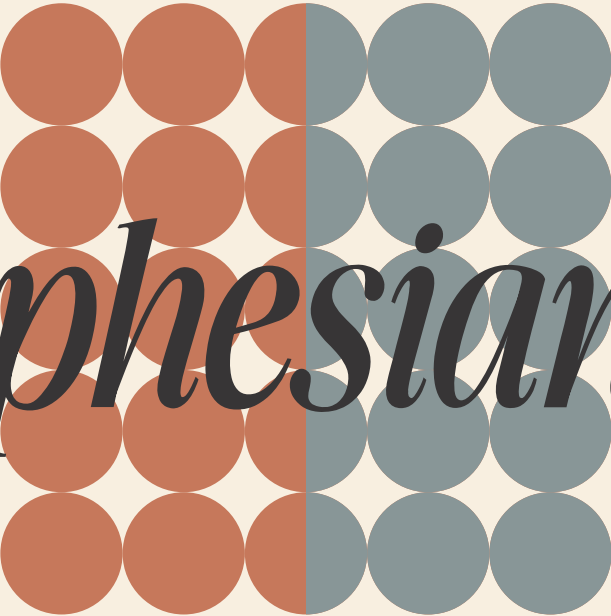


A decorative graphic consisting of a 5x5 grid of circles. The circles are arranged in a pattern where the left half of each circle is orange and the right half is grey, creating a visual effect of a grid of people or a mosaic.

Ephesians

TRANSFORMED IN CHRIST

Adult LifeGroup Bible Studies

FALL 2026 • 14-WEEK READING GUIDE

Part 1: Doctrine

How the Gospel Transforms Us

- 1 *Introduction to Ephesians* 1:1–2
- 2 *Spiritual Blessings in Christ* 1:3–14
- 3 *Prayer for Wisdom and Power* 1:15–23
- 4 *Alive in Christ* 2:1–10
- 5 *Jews and Gentiles* 2:11–22
- 6 *The Mystery of God's Plan Revealed* 3:1–13
- 7 *Prayers for Spiritual Blessings* 3:14–21

Part 2: Application

Living as Transformed People in the
Church Community (4:1–5:21), in the Home (5:22–6:9),
in the World (6:10–20)

- 8 *Unity and Maturity in Christ* 4:1–16
- 9 *Putting on the New Self* 4:17–32
- 10 *Children of the Light* 5:1–20
- 11 *Marriage as a Picture* 5:21–33
- 12 *Obedience and Loving Respect* 6:1–9
- 13 *The Armor of God* 6:10–20
- 14 *Final Greetings and Benediction* 6:21–24