

PRODIGAL KIDS

WHEN THEY
REJECT YOUR
BELIEFS



HomeLife

Building your family's faith at home

— **Guides** —

WHEN A CHILD REJECTS YOUR BELIEFS

> Every teen and young adult goes through a season when they try to establish their own identity. Some may do this by distancing themselves from their parents' tastes and preferences. But what do you do when your son or daughter rejects your faith and embraces beliefs or behaviors that you know could be harmful?

Avoid Blaming Yourself

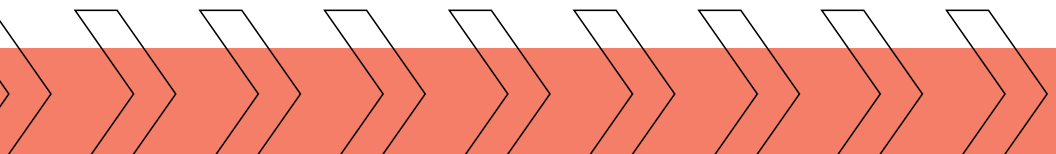
Rejection brings pain, especially when the son or daughter you've poured your life into walks away from everything you care about or transfers his or her loyalty. It is normal to second-guess yourself, wondering what you should have done differently. But even if you did everything perfectly, your child could choose to rebel. He or she may follow the pattern of Adam and Eve who, despite having the only perfect parent and living in paradise, still chose to sin.

"Children have I reared and brought up, " [God says through the prophet Isaiah,] "but they have rebelled against me." (Isaiah 1:2).

Stay Engaged

You may be thinking "They don't listen to me. Everything I say seems to make matters worse. What's the point in trying?" But don't throw in the towel. As far as you are able, stay engaged in the relationship. "[They] in fact still very badly want the loving input and engagement of their parents – more, in fact, than most parents ever realize," writes Christian Smith in his book *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults*. Smith demonstrates that parents have far more long-term influence than they realize – more than friends, youth pastors, professors or anyone else. He explains that:

"Just at the time when [they] most need engaged parents to help them work out a whole series of big questions about what they believe, think, value and feel ... parents are withdrawing."



Stay engaged as much as possible by being available, writing brief cards, calling, sending text messages, etc. Use words that demonstrate humility and affirmation rather than hurt and judgment. Listen without compromising your beliefs or affirming theirs. Your efforts may go unacknowledged for some time, but they still serve as deposits for the future by saying “I will always love you and be here when you are ready.”

Balance Grace and Truth

The greatest influence you can have on your son or daughter is to reflect both God’s grace and truth (John 1:14). It can be difficult modeling both – especially when dealing with prodigal children.

Following God’s model of patient love with His rebellious people, you can show love even when facing rejection. Ephesians 5:1–2 explains:

“Therefore, be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.”

Pray daily that God will use this painful season for good in both your child’s life and your own. But showing grace does not mean subsidizing a child’s poor choices. Some parents continue to pay all of the child’s bills. Others go so far as to bail their kids out of trouble, letting them avoid the consequences of their sins. Sometimes parents must show tough love by allowing the natural fallout of wrong choices to take effect. Remember the biblical story of the prodigal son. It was not until the boy became hungry that he “came to his senses” and returned home to ask forgiveness. Seek God for wisdom in interfering with the events God may use to help your child come to his or her senses.

Parents of prodigal children may experience pain when they read:

“Train a child in the way he should go, even when he is old he will not depart from it.”

But Proverbs 22:6 is not a promise. It summarizes a general pattern. Besides, your child’s story is not over. You have made an impression and laid a foundation. Your child’s story is not finished yet. Stay engaged by balancing grace and truth while anticipating a new chapter in your wayward child’s life.

Going Further Resources

When They Turn Away: Drawing Your Adult Child Back to Christ by **Rob Rienow** // Provides much needed encouragement and practical advice to parents dealing with the grief and challenge of an older “prodigal” child

Prodigals and Those Who Love Them: Words of Encouragement for Those Who Wait by **Ruth Bell Graham** // This is a collection of readings one woman turned to for comfort when her children wandered from God. It offers comfort and encouragement through Scripture, poems, hymns, prayers and more.

Prayers for Prodigals: 90 Days of Prayer for Your Child by **James Banks** // Offers encouragement for parents to “come boldly before the throne of grace” and intercede daily for their children through a series of inspirational prayers

Going Further Prestonwood Support

Prodigal // Has someone you know wandered far from God? Is that person’s behavior dominating your life? Whether struggling with selfishness, addiction or mental health issues, there is hope for the prodigal. **Prodigal**, part of the Life Recovery Ministry, is devoted to helping anyone dealing with someone who is prodigal. Through the application of God’s truths, **Prodigal** provides a safe, loving environment for families who are hurting. For more information or to register, please e-mail liferecovery@prestonwood.org.

Professional Counseling // Prestonwood can refer members to offsite, Christ-centered professional counseling for adults, adolescents and children. Please call 972-820-5000 or visit prestonwood.org.

For additional resources, scan code:



Dr. Jack Graham, Senior Pastor
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